

Stroke Program

Scope of Service

CY 2024



Mount Carmel
Rehabilitation Hospital

an affiliate of **Encompass Health**

Description of Hospital

Mount Carmel Rehabilitation Hospital an affiliate of Encompass Health, a 60-bed freestanding inpatient rehabilitation facility, is a joint venture partnership between Mount Carmel Health System and Encompass Health. Opened in 2017, the hospital is open 24 hours a day, 7 days a week. The patient population includes, at a minimum, patients with functional limitations resulting from stroke. We have earned The Joint Commission Disease Specific Certification in Stroke.

Patients must be medically stable, but must meet criteria for medical necessity through a variety of medical comorbid conditions that include, at a minimum: hypertension, diabetes, dialysis, wound care, feeding tubes, ostomies, and tracheostomies. We cannot accept patients on ventilators, patients who are actively suicidal, or patients who cannot otherwise benefit from an intensive rehabilitation program.

Impairments addressed include, at a minimum: hemiplegia, apraxia, ataxia, dysphagia, aphasia, cognitive impairment.

Activity limitations addressed include, at a minimum: Activities of daily living, mobility, swallowing, functional cognition, and communication impairments.

Payer Sources & Fees

Mount Carmel Rehabilitation Hospital accepts Medicare, Medicare HMOs, Medicaid, and a variety of private insurances. Patients may be responsible for a co-pay, co-insurance, and/or deductible for services rendered during their admission.

Referral Sources

Patients gain access to services provided by this hospital from acute care hospitals, LTACHs, SNFs, ALFs, and home. Rehabilitation Liaisons are assigned to hospitals, and communicate with patients, families, physicians, case management and therapies about our services and outcomes on an ongoing basis. Information is shared with patients and families on initial assessment for potential admission to the facility. Patients are discharged from this hospital and continue their rehabilitation at home with outpatient services, at home with home health care, or in a skilled facility.

Services

Mount Carmel Rehabilitation Hospital offers Rehabilitation Nursing services 24 hours per day, 7 days per week. Medical services are onsite from 7:00am until 6:00pm, with 24-hour availability by phone. Therapy services (OT, PT, ST, TR) are available Monday through Saturday, 7:00am until 6:00pm, and on Sundays as required. Neuropsychology is available Monday through Friday, 8:00am until 4:30pm. In-house Pharmacy services are available from 7:00am until 5:30pm, with afterhours availability by phone. Contracted services for lab, imaging, PICC line insertion, FEES, hemodialysis, and peritoneal dialysis services are available in-house on an as needed basis. Additional diagnostic and/or consultations are available through our affiliation with nearby acute care hospital.

OUR PURPOSE

We believe integrated care delivery across the healthcare continuum is critical to achieving the best outcomes for patients.
We exist to find a better way to care that elevates expectations and outcomes.

THE ENCOMPASS HEALTH WAY

Set the Standard | Lead with Empathy | Do What's Right | Focus on the Positive | Stronger Together

2023 Census & Demographic Data for Stroke Program

- Average daily census: 17.8
- Average length of stay in days: 14.2
- Age groups cared for include: Adult (18 to 64 years) and Elderly /Geriatric (over 65 years)
- Cultural groups: We care for patients with a variety of cultural backgrounds. Video interpretation is available 24/7 for a variety of languages. Daytime on-site interpretation is also available.

Staffing

The nurses at Mount Carmel Rehabilitation Hospital provide patient care using the Nursing Process to meet our patient’s physical, emotional, and spiritual needs. We arrange for and participate in discharge planning.

- Nurses and Rehab Nursing Technicians work collaboratively with other members of the Patient Care Team to meet the needs of patients and their significant others. Other members of the health care team who regularly provide services to our patients include: Physical Therapists, Occupational Therapists, Speech Therapists, Recreational Therapists, Case Managers, Pharmacists, Respiratory Therapists, Clinical Dietitians and Neuropsychologists.
- The Nurse Manager of Mount Carmel Rehabilitation Hospital maintains 24 hour, seven days per week responsibility for all unit activities. When the Nurse Manager is out of the hospital, he/she is available by mobile phone or the Nurse Supervisor is designated as “in charge”.
- Monday through Sunday, the Nurse Supervisor oversees and assists in the planning and delivery of patient care throughout the hospital stay.

Assignment

The Nurse Supervisor makes assignments for the nursing team. Each patient is under the direct care of a Registered

Nurse. Assignments are made based on the acuity and needs of the patient, competency of the caregiver, degree of supervision needed by the staff member, technology required, and geography of the unit.

Staffing is based upon the staffing plan in the table below. Staffing is evaluated at least every shift and adjusted as needed. In the absence of the Nurse Manager, the Nurse Supervisor is available for advice and support with staffing decisions.

Staffing Plan

Fixed Staff:

Administrative Nurse Manager – 1.0 FTE

Direct Patient Care, variable with census:

Budgeted FTEs	
Position	FTEs
RN	35
RNT	22.8
UC	2.3

Skill Mix: Typical Staffing Patterns			
	Days	Evenings	Nights
RN	1/6-7	1/6-7	1/6-7
RNT	1/8-10	1/8-10	1/8-10
UC	1	.5	0

Documentation

Documentation systems utilized promote optimal clinical decision-making and outcomes as well as continuity of patient care. Documentation systems may include both electronic and paper medical records.

Outcomes

The hospital outcomes are available on our annual Outcomes Report, and viewable on www.medicare.gov.

REFERRALS

For more information or to schedule an assessment, please call 614.392.3427. After hours and on weekends, please call, 614.357.1464.

LOCATION

597 Executive Campus Drive | Westerville, OH | 43082
 phone 614.392.3400 fax 614.392.3795
mountcarmelrehab.com